Figure 2. Algorithm for the Management of Parkinson’s Disease

**Diagnosis of Parkinson’s disease**

- **Pharmacologic therapy**
  - Functional impairment?
    - No: Continue to monitor
    - Yes: Dopamine agonist

  - Dopamine agonist plus levodopa (with or without a COMT inhibitor)
    - Add COMT inhibitor if not “on”

  - Motor complications: Use strategy that decreases likelihood of occurrence

- **Nonpharmacologic therapy**
  - Education
  - Support services
  - Exercise
  - Nutrition

**Unacceptable control with medical therapy**
- Consider surgical management

COMT: Catechol-O-methyl transferase.