

Table 1. Recommended Monitoring for HIV in Pregnancy

Test	Interval
HIV RNA	<ul style="list-style-type: none">• 2-4 wks after ART initiation• Monthly until HIV RNA <50 copies/mL, then every 3 mo until 3rd trimester
CD4 cell count	<ul style="list-style-type: none">• Every 3 mo
Fetal ultrasound	<ul style="list-style-type: none">• 1st trimester to confirm gestational age and potential timing for scheduled C-section• 2nd trimester to assess fetal anatomy for women on combination ART (suggested)
Glucose screening	<ul style="list-style-type: none">• Standard, 1-hour, 50-gram glucose loading test at 24-28 weeks' gestation• Earlier screening may be performed in women receiving protease inhibitors prior to pregnancy

Panel on Treatment of HIV-Infected Pregnant Women and Prevention of Perinatal Transmission. Recommendations for Use of Antiretroviral Drugs in Pregnant HIV-1-Infected Women for Maternal Health and Interventions to Reduce Perinatal HIV Transmission in the United States. May 24, 2010; 1-117. <http://aidsinfo.nih.gov/ContentFiles/PerinatalGL.pdf>. Accessed September 8, 2011.